



Crescent Point Energy Trust

PRESS RELEASE

CRESCENT POINT ENERGY TRUST CONFIRMS JULY 2007 DISTRIBUTION

July 16, 2007, CALGARY, ALBERTA. Crescent Point Energy Trust ("Crescent Point" or the "Trust") confirms that the cash distribution to be paid on August 15, 2007, in respect of July 2007 production, for unitholders of record on July 31, 2007, will be \$0.20 per trust unit. The ex-distribution date is July 27, 2007.

Crescent Point Energy Trust is a conventional oil and gas income trust with assets strategically focused in properties comprised of high quality, long life, operated, light oil and natural gas reserves in western Canada.

CRESCENT POINT ENERGY TRUST

Scott Saxberg,
President and Chief Executive Officer

FOR FURTHER INFORMATION PLEASE CONTACT:

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Trust units of Crescent Point are traded on the Toronto Stock Exchange under the symbol CPG.UN.

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